

# The Spa

## Experience the Spa...

We encourage you to escape from the pressures and pace of everyday life, to encounter a delightful sanctuary where you are treated like royalty. A place where every one of your face, body and spa care needs are met with precision and expertise. Experience an ambiance of serenity and ultimate relaxation. Indulge in the most healing, result-oriented face and body treatments. Enjoy the benefits of our luxurious spa environment in the capable hands of our professional skin care experts and skilled massage therapists. Let us help you unwind and release the pressures and stress that stand in the way of achieving a healthier, more radiant, and youthful you.

## Massage

### SWEDISH MASSAGE

A combination of superficial strokes designed to enhance lymphatic and blood circulation. This style of massage is both therapeutic and relaxing.

### SPORTS MASSAGE

A deep tissue massage, ideal for those with chronic muscle pain, arthritis or tension headaches. Special techniques are used to increase flexibility and joint range of motion. This massage can be customized to meet specific needs after any athletic activity.

### Swedish & Sports Massage Rates

(25 minutes) – \$50	(55 minutes) – \$90	(85 minutes) – \$120
<b>Series Specials (Series of 6)</b>		
(25 minutes) – \$270	(55 minutes) – \$486	(85 minutes) – \$648
<b>Series Specials (Series of 12)</b>		
(25 minutes) – \$510	(55 minutes) – \$918	(85 minutes) – \$1,224

### TROPICAL LAVA SHELL MASSAGE

Experience a relaxing massage combined with lava shell therapy, using hot, smooth shells to melt away tension. Feel the warmth of the tropics in the palms of your hands. This is the perfect treatment to loosen tight muscles, relieve stress and ease tension.

(55 minutes) – \$95      (80 minutes) – \$120

Series of 6 (55 minutes) – \$516

Series of 12 (55 minutes) – \$972

Series of 6 (80 minutes) – \$648

Series of 12 (80 minutes) – \$1,224

### CALIFORNIAN MASSAGE

The Californian massage is the ultimate relaxation treat. Distinguished by long fluid movements, which carve and wrap the body, this rhythmical paced massage with gentle rocking and stretching will send the body into complete relaxation. (55 minutes) – \$95

### SACRED NATURE MASSAGE

The essence of this relaxing Sacred Nature Massage is one that brings you back to a natural state of being. This is a purifying treatment that helps you break down the barrier to your true self, a fortifying treatment that encourages you to be in tuned with your body, and a reassuring treatment that allows you to open up and breathe, enabling you to feel free. This complete hypnotic treatment connects the body from top to bottom and side to side, stimulating the meridian lines.

(55 minutes) – \$95

### BREATHE EASY

Clear and cleanse your head and nasal passages with this Aromatherapy upper body treatment to maximize effective breathing and a sound immune system. This treatment focuses on the back, chest, neck, shoulders and face using inhalation and pressure point massage along with the natural anti-bacterial powers of eucalyptus, tea-tree and pine, working in harmony to ease any stuffiness or headache. (50 minutes) – \$75

## REFLEXOLOGY

Reflexology involves applying pressure to specific areas of the feet called "reflex points" which correspond to each of our body organs. Reflexology techniques activate the body's immune system to induce relaxation and relieve stress and tension in the body.

(25 minutes) – \$50      (55 minutes) – \$90

## SCALP MASSAGE

This deeply relaxing scalp massage relieves tension and headaches. A wonderful addition to any body treatment.

(25 minutes) – \$30

## WATERFALL ESCAPE

Enjoy the benefits of a de-stressing hydrotherapy treatment without coming into contact with water. Experience a deep state of gravity-free relaxation as your entire body gently floats on powerful waves of water that are directed at specific areas of the body, giving you the deepest and most relaxing massage. This treatment is concluded with a calming scalp treatment as your mind, body and soul submerge into a tranquil state.

(25 minutes) – \$40

Series of 6 – \$36

Series of 12 – \$34

# Body Treatments

*Journey to the Rainforest...*

## TROPICAL BODY GLOW

Savor the sweet sensations of the South Pacific. Relax and enjoy as milk from the Coconut is gently massaged into the skin followed by an application of rich, soothing Macadamia and Coconut oil combined with the exfoliating, anti-oxidant benefits of pure sugar can. Natural alpha-hydroxyl present in raw sugar cane gently removes impurities of the skin, leaving it smooth and radiant. Available in Coconut Milk & Honey, Starfruit, or Mango.

(45 minutes) – \$55

## DEAD SEA SALT GLOW

Salts from the Dead Sea are used to exfoliate dead surface skin and stimulate a healthy circulation. The Dead Sea salts are made up of Potassium, Magnesium and Calcium, which feed the skin. This treatment can be performed by itself or combined with a massage or body treatment.

(45 minutes) – \$55

## ROYAL COCONUT MILK AND HONEY RITUAL

Indulge in a delightful blend of Fijian Honey and fresh Coconut Milk. This ritual will hydrate, nourish, and strengthen the skin. Enjoy an exfoliation followed by a wrap to increase firmness and tightness. Fijian scalp treatment concludes this ritual leaving your body soothed and replenished.

(80 minutes) – \$110

## SACRED NATURE ORGANIC OIL WRAP

A true comfort zone is created with this one-of-a-kind ritual massage wrap, rich in organic jojoba oil, anti-oxidant buriti oil, and skin renewing butterfly bush extract. A renewing delicate organic gommage is applied to remove dead surface skin cells and encourage soft, luminous skin. The body is then enveloped with an organic tonifying body oil that improves the skin's elasticity.

(50 minutes) – \$80

## PURE FIJI HAIR AND SCALP THERAPY

Rediscover the South Pacific's legendary secret of building hair, vitamin-rich Coconut oil. Lie back and relax as Coconut oil stimulates your scalp to soften, nourish and strengthen your hair in a caring massage of scalp, neck and shoulders. Using the best nature has to offer, Pure Fiji natural shampoo and conditioner then leave your hair soft and revitalized.

(45 minutes) – \$60

## BODY STRATEGIST ANTI-CELLULITE BODY MASK

Customized to each body type and condition, this treatment uses hot and cold effects to instantly stimulate both circulation and metabolism. With the active ingredients of Algae, this treatment will provide an extraordinary lifting and smoothing effect while oxygenating the tissues. Recommended in a series of 6 treatments.

(40 minutes) – \$60

Series of 6 – \$408

## VITAL LEG

Designed to suit your specific needs, this relieving treatment reduces water retention and provides instant lightness and detoxification to increase circulation and restore energy for fatigued legs. This is an excellent treatment for jetlag fatigue.

(45 minutes) – \$60

## DEEP CLEANSING BACK FACIAL

This relaxing treatment is designed to deep cleanse the hard to reach back area. Your back will be exfoliated, steamed and the pores will be cleaned. A relaxing massage followed by an astringent mask will refine this delicate area.

(50 minutes) – \$60

# Facial Treatments

## SKIN ANALYSIS

Beau Visage skin analyzer has been designed to help manage your journey to a flawless, youthful appearance. Using the latest technology to see up to 2mm under your skin, Beau Visage shows the chromophore distribution which determines your facial appearance. Beau Visage helps the Esthetician choose treatments, calculate your skin age and track your progress over time. **(15 minutes) – \$20**

## ADVANCED THERAPY TREATMENTS

### DERMAWAVE THERAPY

Ultrasonic skin therapy is a new approach to skin rejuvenation and repair. This treatment minimizes the appearance of raised and depressed scars, reduces the impact of fine lines and improves the overall functions of the skin. One of the major properties of ultrasound is its ability to enhance the absorption of topicals by increasing penetration to tissue areas where active ingredients can be most beneficial. By combining high performance products with this ultrasound treatment, natural extracts are able to penetrate deep below the surface, repairing the skin from within. One benefit of this deep heating action is to stimulate the production of fibroblasts, the major initiator of collagen that skin needs to maintain suppleness and elasticity. Microdermabrasion is often combined with DermaWave for optimal results.

**(25 minutes) – \$85**      **Series of 3 – \$231**      **Series of 6 – \$438**  
with Microdermabrasion Treatment **(55 minutes) – \$150**

### REJUVALIGHT THERAPY

Allow this revolutionary treatment to bring back a more radiant you! Light therapy is utilized to increase water production within the cells. The cells will be stimulated to produce collagen and elastin, which improves skin texture and promotes healthier, more radiant skin.

**(45 minutes) – \$85**      **Series of 3 – \$231**      **Series of 6 – \$438**

## EXFOLIATING FACIAL TREATMENTS

### MICRODERMABRASION

A fast and efficient way of removing dead cells from the outermost layer of the epidermis. This highly effective treatment utilizes microcrystals to soften and smooth the skin, resulting in a vibrant, healthier looking complexion. This treatment may be performed with a crystal-free diamond tip for those with sensitive skin types. **(55 minutes) – \$125**

**Series of 3 – \$339**      **Series of 6 – \$642**      **Add Décolleté – \$30**

### FRUIT ACID PEEL

Experience outstanding results from Hibiscus flowers and green tea acids in an EFA-rich gel with four types of algae that remineralize, repair and moisturize. This peel gently, yet effectively exfoliates without the irritation of glycolic peels.

**(25 minutes) – \$60**      **Series of 6 – \$324**

### ANTI-AGING CHRONO-REVERSER

Experience outstanding results from the combined intensity of alpha-hydroxy acids and vitamin "C". This renewing, anti-oxidant treatment stimulates cellular turnover resulting in radiant, vibrant skin.

**(25 minutes) – \$60**      **Series of 6 – \$324**

### HIBISCUS SIGNATURE FACIAL TREATMENT

Envelop your skin in a flower oasis. This deeply hydrating treatment utilizes Hibiscus extract to renew moisture and silkiness within the skin, restoring tone and luminosity. An elaborate facial massage will be performed to relax your mind, body and soul. Your hands will be dipped in warm paraffin for complete restoration. **(70 minutes) – \$120**

### INTENSIVE OXYGEN FACIAL

Our skin is in constant need of oxygen to reproduce and regenerate healthy tissue. During this oxygenating facial treatment, provide your skin with the oxygen it needs to soothe, heal, detoxify and strengthen elastic fibers and collagen. This treatment may be performed alone or with any facial or microdermabrasion.

**(25 minutes) – \$60 (without extractions)**      **(70 minutes) – \$90**

### CUSTOMIZED DEEP CLEANSING FACIAL

A high performance facial that allows your skin to rediscover perfect balance. A combination of aromatherapy and phytotherapy elements deeply replenish the skin. This facial includes deep pore cleansing, exfoliation and a pampering massage to calm the mind and spirit.

**(50 minutes) – \$85**

### SACRED NATURE ORGANIC FACIAL

This deeply nourishing facial uses restoring organic oils combined with essential anti-oxidants to restore a silky skin texture with profound softness and moisture. Awaken your skin with the loving gesture of these rich Sacred Nature harmonious products.

**(50 minutes) – \$90**

### ACNE FACIAL

This is a treatment aimed at addressing a variety of blemish problems, from acne vulgaris to breakouts. The deep cleansing is performed, while applying antiseptic agents to control bacteria and regulate sebum flow. This treatment accomplishes all of this while maintaining skin moisture.

**(50 minutes) – \$90**

### ILLUMINATING ABSOLUTE PEARL FACIAL

Luminous skin is unveiled with instant vitality, youthfulness and satiny texture. Pearl powder, brightening extracts such as bearberry and licorice, and a gentle form of kojic acid blend, bring light and life back to the skin.

**(50 minutes) – \$90**

### GLORIOUS SKIN LIFTING FACIAL

Smooth fine lines and improve your skin's elasticity with this lifting facial. This anti-aging treatment delivers an extraordinary lifting effect and results in a youthful appearance.

**(50 minutes) – \$90**

### SKIN RESONANCE

Desensitizes and eliminates redness, leaving the skin refreshed and protected. Effective ingredients derived from yeast, strengthens and protects sensitive, couperose and Rosacea skin types.

**(50 minutes) – \$90**

### OCEAN AND OXYGEN FACIAL

This cell renewing facial cleanses, nourishes and hydrates, creating softness and suppleness for all types of skin. A powerful complex of unique sea based DNA repairing enzymes and liquid oxygen are paired with anti-oxidants to strengthen, repair and defend the skin against free radicals and sun exposure.

**(70 minutes) – \$105**

### RED ALGAE ANTI-AGING FACIAL

The Regenerative Red Algae Facial is a skin renewal treatment that promotes exfoliation and cellular growth. It concentrates on stimulating circulation while feeding the skin vital nutrients and minerals. Minerals and trace elements are free ions that penetrate transdermally into the skin's connective tissue matrix to stimulate new cell growth.

**(50 minutes) – \$90**

### GEMOLOGY FACIAL

This facial uses precious and semiprecious stones from Diamonds to Sapphires combined with rare cosmetic ingredients to add suppleness, radiance, firmness and protection to your skin (combining completely pure Bio Water from New Zealand and a selection of plant extracts with impressive benefits). Each formula contains the very best of nature: zinc, iron and magnesium. Gemology captures the richness of minerals and active plant principles for young, radiant skin.

**(70 minutes) – \$105**

### TRANQUILITY EXPRESS FACIAL

A quick "pick me up" between facials. Relax while we cleanse, exfoliate and massage to take away everyday stress. No steaming or extractions will be performed during this treatment.

**(25 minutes) – \$50**

## Enhancements

Customize any of the facial services by adding the following enhancements:

### EYE SUPREME ANTI-AGE

This delicate area is revitalized with active peptides, a firming and soothing mask and rich moisture cream.

**With facial treatment – \$10**

**Without facial treatment – \$30**

**Series of 6 without facial – \$144**

### GLORIOUS DÉCOLLETÉ AND NECK TREATMENT

Immediate natural lifting for the neck and décolleté area! This incredible peel off mask will turn back the hands of time with the active ingredients of bosellic acid, which is a powerful protector of collagen and elastin. **(40 minutes) – \$60**

### REDROCK DETOX PARAFFIN HAND AND FOOT TREATMENT

RedRock Clay and Romanian green silts nourish and detoxify your hands and feet as aromatherapy permeates your surroundings for inner relaxation. RedRock Detox spoils the skin with 11 vitamins and minerals providing powerful antioxidants and nutrients imperative to purification and balance of your body. This treatment can be performed by itself or included in a massage or facial.

**Hand Treatment – \$25**

**Foot Treatment – \$25**

**Both Hand and Foot Treatment – \$45**

## Man Space

Relaxing and deep cleansing facials, designed specifically for men:

### PURE PERFORMANCE

Green Clay and active essential oils are used during this facial to deeply clean the skin. **(55 minutes) – \$85**

### HYDRA PERFORMANCE

Using anti-oxidants to restore balance and relieve tired skin, this treatment is recommended after travel. **(55 minutes) – \$85**

### AGE PERFORMANCE

This facial uses smoothing and firming action to renew and revitalize. **(55 minutes) – \$85**

Additional treatments recommended for men:

### SPORTS MASSAGE

**(55 minutes) – \$90**

### VITAL-LEG TREATMENT

**(45 minutes) – \$60**

### SCALP MASSAGE

**(25 minutes) – \$30**

### REFLEXOLOGY

**(25 minutes) – \$50**

\*See packages and rituals section for Men's complete programs

## Waxing

Please inform your Skin Care Therapist if you are using Alpha Hydroxy Acids, Glycolic Acid, Retin-A, Renovica, Accutane or any topical exfoliant product.

**Eyebrow – \$15**

**Upper Lip – \$12**

**Chin – \$12**

**Brow, Lip and Chin – \$32**

**Side of Face Waxing – \$15**

**Half Arm – \$25**

**Full Arm – \$35**

**Underarm – \$18**

**Bikini – \$25 (Basic Bikini Line)**

**Half Leg – \$30**

**Full Leg – \$50**

**Half Leg and Bikini – \$45**

**Full Leg and Bikini – \$65**

**Back Waxing – \$50**

## St. Tropez Tanning

### GOLDEN MIST

A healthy way to achieve the Florida sun-kissed look. This specially formulated UV Free treatment features a tan using a special spray tanning system. A trained St.Tropez professional sprays a fine mist of bronzing solution over your body resulting in an even, streakless, natural looking tan. **(15 minutes) – \$40**

**Series of 3 – \$108**

**Series of 6 – \$204**

## Teeth Whitening

### RADIANT SMILE

WhiterImage is a new, safe and effective teeth whitening system guaranteed to rapidly produce a noticeably brighter and whiter smile. Most people obtain results 4-6 shades lighter with just one session. A WhiterImage session is performed in less than 20 minutes, in our relaxing spa environment.

**One session – \$99 (20 minutes)**

**Add on second session – \$40 (Additional 15 minutes)**

# Spa Packages

## SIGNATURE HIBISCUS PACKAGE

Signature Hibiscus Facial (70 minutes)

Massage Four Royalty (50 minutes)

Reflexology (25 minutes)

Signature Manicure (35 minutes)

Signature Pedicure (50 minutes)

(Approximately 4 hours)

**Package Price – \$316**

Regular Price – \$385

## RENEWAL PACKAGE

Sports Massage (55 minutes)

Customized Deep Cleansing Facial (50 minutes)

Your choice of Reflexology, Salt Glow or Gentle Body Polish (25 minutes)

(2 hours and 10 minutes)

**Package Price – \$184**

Regular Price – \$225

## SPOIL HER BEAUTIFUL

Customized Deep Cleansing Facial (50 minutes)

Swedish Massage (55 minutes)

Classic Manicure (25 minutes)

Classic Pedicure (40 minutes)

Shampoo & Blow Dry (Approximately 40 minutes)

(3 hours and 40 minutes)

**Package Price – \$228**

Regular Price – \$278

## MEN'S ESCAPE

Sports Massage (55 minutes)

Gentlemen's Pedicure (40 minutes)

(1 hour and 35 minutes)

**Package Price – \$98**

Regular Price – \$120

## BEST FRIENDS PACKAGE\*

Each person will receive 20% off any regular priced Spa service and a Spa Gift.

*\*For parties of three or more.*

