BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness, Aquatics & Spa Committee
DATE:	September 2, 2020 via Zoom
MEMBERS PRESENT:	Bob Lerner, Chair, David Shifrin, VC, Stephen Blank, Ron Nevins, Terri Cox, Martin Klein, Michelle Schneider, Roz Wolpov, Phil Wollruch
MEMBERS ABSENT:	Absent With Notice: Lewis Levin
PARTICIPANTS:	Joe Barone, Director of Fitness, Aquatics & Spa, Jessica Cochran, Assistant Director, Spa
FOR INFORMATION:	The Board of Governors
ISSUED BY:	Bob Lerner
ISSUE DATE:	September 3, 2020
NEXT MEETING:	October 7, 2020

Meeting called to order by B. Lerner.

B. Lerner welcomed all participants and stated that he hoped everyone and their families were safe. He then wanted to compliment J. Barone, J. Cochran and the rest of the staff for doing an excellent job in terms of safety for the members during the COVID 19 pandemic. He added that in terms of re-opening practices, the Club follows all federal (CDC), state and county guidelines first and then the Board makes final decisions on all revised policies and procedures.

J. Barone gave an overview of the present state of Aquatics, Fitness and Spa facilities since the pandemic started dating back to March of this year.

Presently, the Aquatics complex is open with a revised layout of 60 "pods" able to service up to 200 members. Members as a whole have been practicing safe "social distancing" and are required to wear masks entering the Aquatics Complex. Usage in this area has been down close to 30 percent. No guests are allowed in this area at this time.

In regards to the Fitness Center and Physical Therapy areas, all members get their temperatures taken as they enter the building and must wear masks at all times. Plexiglass units have been installed at all reception areas for safety. The only exception, is that face shields are allowed at this time once members enter the Fitness Center workout area.

Staff members disinfect and sanitize all equipment with a hospital grade Virex solution after each use of equipment. Each day the Fitness Center is closed from 12:00 noon until 1:00 as all equipment and furniture is disinfected and cleaned thoroughly with Virex solution and Electrostatic sprayer.

In addition, the night cleaners spray all indoor surfaces with the Electrostatic spray upon closing. The Club has also introduced a UV light system that is attached to all air handlers throughout the Club.

Traffic in both the Group Fitness classes and Fitness Center itself is down about 40-50% with Personal Training sessions down approximately 60%. The department is introducing Zoom Group classes and Zoom Personal Training sessions with two new outside Group Fitness classes being added to the schedule as well.

J. Barone also mentioned that the re-opening of all Locker and Wet areas in both the Sports Center and Spa areas are being evaluated and will be ready to go once the next "phase" in re-opening has been announced. There are a lot of moving parts that will need to be evaluated. The Salon was closed down for 12 days as one of the nail technicians tested positive for the COVID-19 virus. All employees were tested and all came back with negative results. In addition, following the club tracing guidelines, all members that had scheduled appointments with that particular Nail Technician in the previous 14 days were notified. Salon usage is down close to 40% overall.

The Spa re-opened on August 19th with revised operating hours from 10:00 a.m. until 5:00 p.m. J. Cochran reviewed all safety procedures put in place for members that have scheduled appointments including face shields being installed in all treatment rooms. All body treatment and waxing services have been suspended at this time. Spa staff members were required to take a COVID 19 safety certification class prior to re-opening. All members and staff must wear masks and members can request that the Spa Provider wear gloves if necessary. Usage is down approximately 50% in this area. J. Cochran announced that all treatments are being reduced five minutes for sufficient time to sanitize and disinfect all room in between appointments. In addition, the July Spa special was introduced during the month of August upon re-opening.

J. Cochran noted that standing appointment requests for both Spa and Personal Training sessions are down close to 50% from previous years.

J. Barone announced that at this time, it looks like the International staff will arrive by the early part of January at the earliest. It still remains uncertain if they will be able to arrive at all.

M. Klein asked J. Barone if masks must be worn by members choosing to use face shields upon entering the building. J. Barone stated that a clarification would be sent out to notify all members of this revision in club policy.

M. Schneider thanked everyone for an outstanding job in keeping everyone safe. R. Wolpov also complimented the staff and management for how clean all the facilities were. She then asked if the Club is considering allowing guests to use the Fitness Center. J. Barone stated that the Club is continually monitoring and will notify members when this is approved. S. Blank reiterated that the staff members and Club overall has done an impressive job with the re-opening of all facilities.

T. Cox had some very positive comments regarding employees and how safe everything is throughout the Club. She also suggested that the Club consider having testimonials from members stating how clean and safe the facilities are upon opening. J. Barone said he would pass on this great suggestion and stated that the Club is presently developing informational videos throughout all areas of the Club explaining what safety measures have been taken since the COVID 19 virus outbreak. Presently a Spa treatment video has been developed by J. Cochran that has been very well received by members.

P. Wollruch commented that he was very pleased that the Club was offering Zoom Group Fitness classes.

D. Shifrin asked if the Club had considered what the mask/face shield policy in the Fitness Center will be once we start getting busier and that we may have to make some revisions. R. Wolpov added that it is extremely difficult to perform cardiovascular exercised with a mask on. J. Barone agreed and stated that he has been in conversations with General Manager Matt Linderman and that we will continue to monitor the situation in terms of traffic flow. R. Nevins commented on what a great job the Club had done on re-opening all facilities in such a safe fashion.

J. Barone stated that he and all staff members wanted to thank all members of the Club for their continued support and patience during these very challenging times.

Next Committee meeting is scheduled for October 7th.

The meeting was adjourned at 4:15 pm.