BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness, Aquatics & Spa Committee
DATE:	April 6, 2021
MEMBERS PRESENT:	Charles Wolf, Chairman, Bob Lerner, VC; Teri Cox, Lewis Levin, Diane Macher, Barry Roberts, Michelle Schneider, Phil Wollruch, Martin Klein, Robert Vannucci
MEMBERS ABSENT:	None
PARTICIPANTS:	Joe Barone, Director of Fitness, Aquatics & Spa
FOR INFORMATION:	The Board of Governors
ISSUED BY:	Charles Wolf
ISSUE DATE:	April 7, 2021
NEXT MEETING:	May 4, 2021

Meeting called to order by C. Wolf.

C. Wolf welcomed all members and each member introduced themselves to the Committee. He then reminded all Committee members that all business matters discussed should stay within the Committee.

J. Barone gave a brief overview of the entire Aquatics, Fitness and Spa department noting that basically five different businesses are being run with seven Department Managers that cover a lot of areas throughout the day.

J. Barone stated that there has been no new revisions at this time in regards to the Club's Coronavirus guidelines in both the Fitness Center and Aquatic facilities. However, Gold Card guests are now allowed to use the Fitness Center after 11:00 a.m. and can participate in Group Classes at any time.

The new shower hardware installation continues in the Sports Center Wet areas. Once completed, the Women's Sports Center Locker Room showers will be addressed.

J. Barone reviewed the monthly specials for both the Spa and Salon areas. The Spa is offering a Black Pearl Caviar Facial special while the Salon is offering a Mandarin Agave Organics skin cream, as well as several different hair and nails specials for the month.

J. Barone reviewed the February Group Fitness Schedule featuring 64 classes weekly. Outdoor classes are still averaging 4-6 participants per class.

B. Roberts asked if there was a specific plan going forward in terms of employees of the club receiving the COVID-19 vaccinations. J. Barone stated that no plan has been mentioned.

R. Vannucci brought up a few suggestions from fellow members. First, would the Club consider re-opening at 6:00 a.m. in the Sports Center Locker Rooms? Secondly, would the Club consider extending the water classes from 45 minutes to 60 minutes? Thirdly, would the Club consider changing the 2:30 p.m. Water Class to 4:00 p.m. so Members can attend their card games? Lastly, does the Club still need to disinfect and clean all areas upon usage? J. Barone stated he would look into all class suggestions further along with re-opening at 6:00 a.m. in the locker areas. He went on to state that the Club feels that we should continue all disinfecting and cleaning procedures both indoors and outdoors at the pool at this time for everyone's safety.

L. Levin asked if it is still necessary to wear masks while in the Fitness Center. J. Barone stated that at this time, this is the Club's policy for precautionary reasons.

L. Levin stated that he felt there were not enough lanes in the future Lap Pool. J. Barone stated that currently we have approximately 40 Lap swimmers and going from three lanes to four wider lanes should suffice.

B. Lerner asked Committee members if there was any special fitness equipment that they would like to see ordered for the new expansion. R. Vannucci asked if additional Peloton bikes would be ordered. J. Barone stated that once they work out the maintenance issues with these bikes, additional bikes would most probably be ordered.

J. Barone further stated that most all of the cardiovascular equipment in the Fitness Center is fairly new and in great condition however, there are various weight resistance machines that the Club is considering replacing at this time.

Next Committee meeting is scheduled for May 4th in the Board room.

The meeting was adjourned at 4:00 p.m.