BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness Aquatics and Spa Committee
DATE:	May 10, 2022
MEMBERS PRESENT:	Charlie Wolf (Chairman); Anthony Clerico; Steven Jonas; Alan Schwartz; Freda Salamon; Myra Slepoy; Michelle Brown; Mark Dorfman
MEMBERS ABSENT:	Bob Lerner (Vice-Chairman), Teri Cox
PARTICIPANTS:	Joe Barone, Director of Fitness, Aquatic and Spa Operations
ISSUE DATE:	May 19, 2022

Chairman C. Wolf called meeting to order and stated that the June, July and august Committee meetings would be canceled due to the ongoing construction and members being away for the summer.

J. Barone gave an update on the Renovation project. He stated that each Tuesday morning, there is an OAC (Owner/Architect/Contractor) meeting to discuss all current and outstanding issues. He thanked everyone for their patience for the new temporary entrance, the frequent electrical and plumbing outages and general interruptions caused by the construction. He also stated that the temporary structure in the middle of the Fitness Center will be taken down in the next few days.

J. Barone gave a brief overview of Budget expectations for the coming year that included the addition of Group Fitness classes and some staff additions due to the increase in the size of the Aquatics complex and Group Fitness studios.

J. Baron stated that there are numerous maintenance issues that the Engineering department is continually addressing including the shower and steam room issues in both the Men's and Women's wet areas.

J. Barone then commented that all Group classes being held at both Bridgewood and in the Palmer Room are going very well. Our total Lap Swimmer count over at Woodfield Country Club is now up to 53 individuals.

J. Barone stated the 12 Internationals employees that have spent the season working in both the Fitness and spa departments will all be leaving by May 23rd. We are interviewing to fill some positions in both areas as we move into our slower months.

J. Barone also reviewed both the Spa and Fitness monthly specials.

M. Slepoy asked if there would be future announcements regarding specific details on the new Renovation project. J. Barone stated that tours would be set up for members once the new facilities are ready to open to keep all members informed.

M. Brown inquired about the Spa Wet area repairs. J. Barone stated that due to ongoing temperature variances with the Specialty showers, they would be closed down for repair until further notice. These showers were originally built in 2008 and have a lot pf moisture damage behind the walls that are being addressed. All of the Swiss and Deluge showers are scheduled for replacement by the end of the year.

S. Jonas asked if the club had considered offering Golf Fitness programs such as TPI. J. Barone stated that various Golf Fitness programs have been introduced in the past and will continue to evaluate going forward. He also ask if the club had considered Boot Camp style classes. J. Barone stated that they have offered such classes in the past and would re-visit.

M. Brown asked if various levels being considered going forward with the Pilates program. J. Barone stated that the new Pilates Studio design will allow for different levels of classes being conducted simultaneously.

M. Slepoy commented that all instructors are taught to teach to all levels of fitness with their class participants. A. Clerico when on to state that Instructors should have a diversified background to handle all levels of participation.

A. Schwartz, M. Slepoy and F. Salamon are still working behind the scenes on new concepts for the Wellness Challenge program.

The meeting was adjourned at 4:00 p.m. Next meeting is scheduled for Tuesday, September 13.