BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness Aquatics and Spa Committee
DATE:	September 13, 2022
MEMBERS PRESENT:	Charlie Wolf (Chairman); Bob Lerner (Vice-Chairman); Anthony Clerico; Teri Cox; Alan Schwartz; Freda Salamon; Michelle Brown; Mark Dorfman
MEMBERS ABSENT:	Steven Jonas; Myra Slepoy
PARTICIPANTS:	Joe Barone, Director of Fitness, Aquatic and Spa Operations
ISSUE DATE:	September 14, 2022

Chairman C. Wolf called meeting to order and gave a brief overview of Committee Member responsibilities. He reiterated that although members of the Committee may have suggestions regarding operations and programs, it is up to management to evaluate and implement as deemed necessary. In addition, Committee members were asked to bring suggestions and constructive feedback to the direction of C. Wolf, B. Lerner and J. Barone to avoid any confusion with frontline staff members.

J. Barone gave an update on the Renovation project asking members of the committee if they had an opportunity to review Matt Linderman's correspondence to the Membership sent out the prior day. All Committee members did have a chance to review. J. Barone then stated that we have three phases of completion ahead during the next 12-16 weeks:

Phase One – completion of Aquatic Complex, Spa front entrance, Fitness Front Entrance/Lobby and Group Fitness Studios scheduled for completion by the end of the year.

Phase Two – completion of 2nd floor of SC building including Pool Bar and Cabana, restaurant, bar, card rooms and Adult game rooms scheduled for completion in January.

Phase Three – completion of Spa Garden scheduled for completion in late January.

J. Barone reminded the Committee members that this tentative schedule will also be impacted by weather conditions going forward. It was also stated that deliverables of Aquatic furniture has commenced and will continue over the next 8-12 weeks.

C. Wolf asked for everyone's cooperation in being positive Ambassadors for the project!

J. Barone gave the following report regarding Facility improvements to be scheduled over the next 2-3 months:

The Spa will be closed down September 25th thru October 2nd for replacement of the entire Sound System; the Spa Wet areas will be closed down sometime in October for replacement of the Specialty (Deluge and Swiss) showers; the Women's Spa Steam Room unit has been replaced; the Fitness Center will be closed down October 14th thru the 21st for new Fitness equipment to be delivered. During this time frame, the west wall of the Fitness Center will also be under construction in order to complete renovation of Group Fitness entry ways.

There will be numerous smaller maintenance projects completed during this time frame as season approaches.

J. Barone also reviewed the Spa signature Hibiscus Massage special for the month as well as the Green Tea special being offered in the Salon.

J. Barone introduced the new Fit for Sport program that will commence on October 1st. This new program is a combined effort of the Fitness, Golf and Tennis department professionals to bring a new and exciting Fitness component to the members. The program has been designed to incorporate Flexibility, Stability, Mobility and Strength into one's workout regimen as it relates to their Golf and Tennis games. Members will be given more details in the weeks ahead.

J. Barone gave an update on the Standing Appointment process for this coming season. Close to 600 members have registered for standing Salon, Personal Training and Spa appointments from November thru May. This equates to over 25,000 appointments to be scheduled over a four week period.

J. Barone stated that there will be a week training period for Spa Providers involving three of our main skincare lines – Pevonia, Fiji and Nu Skin – over the next 3-4 weeks.

J. Barone congratulated T. Cox as the Walking winner of the Club Wellness Challenge as she has now won multiple times.

J. Barone stated that 16 International staff members are scheduled to arrive sometime in October. Ongoing recruitment of seasonal staff has started with the inclusion of 8-10 new Lifeguard staff members to be hired in the weeks ahead.

J. Barone stated that Toni Karam has been hired as the new Fitness Administration Coordinator. In her new role, Toni will be overseeing the Fitness Front Desk Receptionists, teaching Group Fitness classes and conducting Personal Training sessions. Toni has brought a terrific positive attitude and great energy to the management team!

T. Cox commented how accommodating all staff members have been especially assisting members in need of wheelchair transport.

A. Clerico asked that management look at marketing to the members some of the new features/options offered by Precor on some of the cardiovascular machines. J. Barone agreed and will implement as the new Fitness equipment arrives in the coming weeks.

F. Salamon inquired to see if the Sports Center Locker areas would be open at the start of season – J. Barone stated "yes". He went on to state that the current plan is continue all Lap Swimming at Woodfield Country Club, all Group Fitness classes in the Palmer Room and all Water classes at Bridgewood community complex until further notice.

The meeting was adjourned at 4:00 p.m. Next meeting is scheduled for Tuesday, October 11th at 3:00 p.m.