BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness Aquatics and Spa Committee
DATE:	November 8, 2022
MEMBERS PRESENT:	Charlie Wolf (Chairman); Bob Lerner (Vice-Chairman); Anthony Clerico; Teri Cox; Freda Salamon; Michelle Brown; Mark Dorfman; Steven Jonas; Myra Slepoy
MEMBERS ABSENT:	Alan Schwartz
PARTICIPANTS:	Joe Barone, Director of Fitness, Aquatic and Spa Operations
ISSUE DATE:	November 14, 2022

Chairman C. Wolf called meeting to order.

J. Barone gave an update on the Renovation project reviewing Matt Linderman's recent correspondence to members. The revised plan for the three phases of completion with estimated opening dates are now as follows:

Phase One – December 23rd - completion of Group Fitness Studios, Porte Cochere, Spa and Fitness entrances.

Phase Two – January 16th – completion of the Family Pool, Lap Pool, Baby Pool, Splash Pad and Market Square.

Phase Three – February 22nd completion of 2nd floor of SC building including Adult Pool, Pool Bar and Cabana, restaurants, bars, card rooms, Adult game rooms and Spa Garden.

J. Barone also added that due to significant water intrusion back in September in the Sports Center building, all lockers would have to be replaced.

J. Barone stated that the new Fitness equipment recently installed, including the new Precor Resolute selectorized line has been very well received.

J. Barone also reviewed the Spa Pure Fiji Vitamin C Brightening Facial special for the month as well as the hair and nail specials being offered in the Salon.

J. Barone gave more details regarding the complimentary Fit for Sport Assessment program. This new program is a combined effort of the Fitness, Golf and Tennis department professionals to bring a new and exciting Fitness component to the members.

J. Barone stated that all International staff members have arrived and are doing great with their training. Ongoing recruitment and hiring of new Lifeguard staff members continues to be a challenge.

M. Slepnoy and B. Lerner asked for clarification on the new Stretching set-up with the new Group Fitness studios. J. Barone stated that stretching areas will still be available in the main Fitness Center and Physical Therapy outlet. In addition, both the Core Training and Outdoor Training studios will have sufficient space for stretching. This studio will be offering group classes only 1-2 times per day in season.

S. Jonas suggested that additional Stretching classes be offered with the new Core Training studios.

T. Cox suggested that orientation classes be offered on the use of the new Precor Resolute line.

A. Clerico asked how the department was progressing on the marketing of the App options on all exercise equipment. J. Barone stated that the new QR code option is working on all new Precor units, but we are just awaiting final touches to the App option before we can introduce to members.

J. Barone that there will be revised schedules for Lap Swimming at Woodfield Country Club, all Group Fitness classes in the Palmer Room and all Water classes at Bridgewood community complex as we enter into the holiday season. J. Barone reminded Committee members that the Turkey Trot will be held, Saturday, November 26th if anyone wanted to volunteer at the T-shirt table.

The meeting was adjourned at 4:00PM. Next meeting is scheduled for Tuesday, December 13 that 3:00PM.