BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness, Aquatics and Spa Committee
DATE:	November 9, 2023
MEMBERS PRESENT:	Charlie Wolf (Chairman); Steve Roth (Vice-Chairman); Jodi Borash; Teri Cox; Andrea Goldfarb; Robin Pearl; Myra Slepnoy; Freda Solomon;
MEMBERS ABSENT WITH NOTICE:	Susan Davis; Michael Mirotznik; Ben Zeltner
PARTICIPANTS:	Joe Barone, Director of Fitness, Aquatics, and Spa
ISSUE DATE:	November 24, 2023

Chairman C. Wolf called meeting to order at 3:00 p.m.

1. C. Wolf asked for approval of previous meeting notes.
    a. He reminded Committee members that Fitness does not have any definitive dates for completion of any of the areas involving the renovation project and turned the meeting over to J. Barone.

2. J. Barone gave an update on the latest schedule for the Aquatic Complex opening.
    a. Many items have to fall into place including the TCO's for three buildings
        i. The Pool Entry
        ii. Pool House
        iii. Cabana Bar and Grill.

3. J. Barone reported that three of the five new Group Fitness studios are open
    a. The Spinning, Movement and Core Training studios are now operational with various punch list items to be addressed.
    b. Both the Pilates and Outdoor Training studios are scheduled for an early December opening.

4. J. Barone stated that the Lifestyle Locker Room areas and Lifestyle and Wellness Kiosk is also scheduled for some time in early December.

5. J. Barone reviewed both Spa and Salon monthly specials and handed out the new Spa brochure that was primarily designed by Spa Manager, Elaine Sbrolla and Spa Treatment Supervisor, Wendy Huth.

6. J. Barone reviewed the monthly Group Fitness schedule which is now up to 60 classes per week and climbing with an eventual number of 90 classes per week during peak season.
    a. He explained that Jason Latona, Group Fitness Coordinator, receives input weekly and classes are adjusted based on member recommendations and class attendance.

7. The new Lifestyle and Wellness Director, Misty Stewart, has been hired and will start her new role November 30th.
    a. Misty has over 20 years of experiencing managing Spa, Fitness and Aquatic
    b. Positions at properties included Waldorf Astoria, Hilton Hotels, MGM Hotels and most recently Four Season properties.

8. F. Solomon asked that the Club re-visit the Spa Member Guest days held in the past.
    a. J. Barone said that they will re-evaluate and need to balance the Club subsidizing for these events.

9. M. Slepnoy inquired if there were plant to add more advanced Group Fitness classes scheduled during the afternoon hours.
    a. J. Barone stated that additional afternoon classes are to be scheduled in the next few months for Zumba, Yoga, Tai Chi, Core Training and Spinning classes.

10. M. Slepnoy asked if the club would consider charging for some classes to ensure attendance.

a. J. Barone stated that at this time, the Club will not be charging for any of the Group Fitness classes.

- Next committee meeting is scheduled for Thursday, December 7, at 3:00 p.m.
- Meeting was adjourned at 4:00 p.m.