BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness, Aquatics and Spa Committee
DATE:	December 7, 2023
MEMBERS PRESENT:	Charlie Wolf (Chairman); Steve Roth (Vice-Chairman); Jodi Borash; Teri Cox; Andrea Goldfarb; Freda Solomon;
MEMBERS ABSENT WITH NOTICE:	Susan Davis; Michael Mirotznik; Robin Pearl; Myra Slepnoy; Ben Zeltner
PARTICIPANTS:	Misty Steward, Director of Lifestyle and Wellness (new) Joe Barone, Director of Fitness, Aquatics, and Spa (transitioning)
ISSUE DATE:	December 20, 2023

Chairman C. Wolf called meeting to order at 3:00 p.m.

1) C. Wolf asked for approval of previous meeting notes.
    a. He reminded Committee members that we do not have any definitive dates for completion of any of the areas involving the renovation project and turned the meeting over to J. Barone.

2) J. Barone introduced new Director, Misty Stewart and gave a brief summary of her background.
    a. Misty has over 20 years of experience managing Spa, Fitness and Aquatic properties around the world including positions at Waldorf Astoria, Mandarin Oriental, Grand Hyatt, MGM Hotels and most recently Four Season properties.

3) M. Stewart thanked J. Barone for his support through this handover period, acknowledging everything he has given to the club for the past 30 years.

4) J. Barone gave an update on the latest schedule for the Aquatic Complex opening.
    a. Many items have to fall into place including the TCO's for three buildings – the Pool Entry, Pool House and Cabana Bar and Grill.
    b. M Linderman will give an update to the entire membership once finalized dates of opening are determined.

5) J. Barone stated that we are fully staffed and ready to go into season.

6) J. Barone reviewed both Spa and Salon monthly specials.

7) J. Barone reviewed the monthly Group Fitness schedule which is now up to 80 classes per week

8) F. Solomon inquired about the training of the new aquatic staff.
    a. J. Barone stated that Stephen Gerber will head up all training of the new staff.

9) A. Goldfarb commented on how much she liked the new boxing unit that is in the Core Training Studio.
    a. She also asked M. Stewart about her vision going forward with BW programming.
    b. M. Stewart shared how great the new Wellness and Aquatic areas will be and how this will open us up for many new offerings, partnerships, classes, etc.

10) J. Borash brought up the subject of the timing between classes.
    a. It was stated that M. Stewart will review with Jason Latona to evaluate going forward.
    b. There was also a discussion to evaluate afternoon classes.

11) C. Wolf and numerous committee members thanked J. Barone for 30 years of service.

Next committee meeting is scheduled for Thursday, January 4, at 3:00 p.m.
Meeting was adjourned at 4:00 p.m.