BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness, Aquatics and Spa Committee
DATE:	January 4, 2023
MEMBERS PRESENT:	Charlie Wolf (Chairman); Steve Roth (Vice-Chairman); Jodi Borash; Teri Cox; Andrea Goldfarb; Myra Slepnoy; Freda Solomon; Ben Zeltner
MEMBERS ABSENT WITH NOTICE:	Susan Davis; Michael Mirotznik; Robin Pearl;
PARTICIPANTS:	Misty Stewart, Director of Lifestyle and Wellness
ISSUE DATE:	January 19, 2024

Chairman C. Wolf called meeting to order at 3:00 p.m.

1. Chairman Report
    a. C. Wolf asked what everyone thought of the Market Square and Aquatic Center openings.
    b. Everyone shared positive feedback about the openings and how well everything turned out.
    c. He then turned the meeting over to M. Stewart.

2. Lifestyle and Wellness Director Report
    a. M. Stewart gave a recap of the Holiday period and Aquatic Center opening.
        i. Overall it was an extremely busy period, and the opening went very well.
    b. The Aquatic Center had an average of 1,500 visitors per day over the Holiday period.
        i. Dec 26th was one of busiest days with over 1,800 visitors.
        ii. The Aquatic Center started to slow down on Jan 1st, and now has between 400-600 visitors per day.
    c. Pool areas were handed over on opening morning, so there was not much time to prepare, but overall the team did well.
        i. Feedback is being compiled, and pending issues addressed.
        ii. Per code, the Family Pool does not go as deep as is preferred.
    d. Aquatic classes will be adjusted next week, with some in the Oasis Pool.
    e. The number of Fitness training sessions in December increased 30% over Dec 2022.
    f. In the Spa in December, there was a 25% increase in number of spa treatments compared to December of 2022.
    g. Spa Retail sales in December were double what they were in Dec 2022.
    h. Overall, the Spa and Fitness Center is accommodating more members, and this increase will continue.

3. M. Stewart shared an update on TCO and facilities:
    a. The club is still waiting for TCO on the corridor leading to the Lifestyle Locker Rooms.
        i. Fire Panel work is being completed, then Fire Alarm test inspections will begin next week.
        ii. Inspections should be completed in the next couple of weeks, allowing the opening of the Lifestyle Locker Rooms and Pilates Studio.
        iii. The Pilates machines are assembled and ready to be placed inside.
    b. It is anticipated that Cabana Bar & Grill TCO will be received in the next couple of weeks.
        i. Once this is open, the Adult Whirlpool will be able to open as well.
    c. The Lifestyle Center lobby entrance, BluePoint, and Aria are anticipated to open in a couple of months.
    d. After this, pending issues will be fixed in the Fitness Center and Aquatics, including the Core Studio flooring.
        i. Work on the Outdoor Studio will also be completed.
        ii. Outdoor Studio completion will allow TRX classes to start.
    e. Spa Courtyard work is still in progress, with no specific opening date.
    f. The next project will be on the spa showers.

4. M. Stewart reviewed the January Spa and Salon monthly specials.

5. M. Stewart reviewed the Group Fitness schedule
    a. The Group Fitness schedule is now up to 72 classes per week.
    b. Afternoon water classes have been added, as well as morning Yoga & Tai Chi.
    c. Training will be conducted later this month for the new water fitness boards, with the goal to start the new classes in February.

6. M. Stewart shared upcoming programming:
    a. Wellness & Skincare Experience is on Saturday, January 13th from 10am-12pm.
    b. Lifestyle Lectures will start mid-January.
    c. Additional programming is in the works for ballroom dance evenings, Full Moon yoga, etc.

7. J. Borash shared that Melanie has been good with adapting Water Aerobics classes on Wednesdays.
    a. It was also shared that Alina's Bar class is very good, and inquiries were made to re-look into some afternoon classes.
    b. M. Stewart thanked everyone for their feedback, and said that we would look at afternoon class attendance and options.

8. J. Borash said that guests need to be more respectful to staff.
    a. C. Wolf asked committee members to share feedback directly with Chairman in the future.

9. T. Bradshaw brought up a concern with cleanliness in spa showers
    a. M. Stewart said she would look into this.

10. Multiple committee members brought up how attentive staff has been these past few weeks.
    a. It was also noted that the team has been good with stopping members/guests using their phones inside.
    b. M. Stewart thanked everyone for sharing and said she would pass this feedback along to the team.

11. F. Solomon shared that the Spa Member Guest days were really great in the past, and asked if these could be continued.
    a. M. Stewart said that we would look into this, or similar options in the future.

12. B. Zeltner shared a lack of staff using member names when they were checking them in.
    a. M. Stewart said this would be looked into.

13. S. Roth inquired about CPR classes for members.
    a. CPR classes have been scheduled with Activities- dates have been promoted.

Next committee meeting is scheduled for Thursday, February 8, at 3:00 p.m.

Meeting was adjourned at 4:00 p.m.