BOCA WEST
COUNTRY CLUB

MINUTES

MEETING:	Fitness, Aquatics and Spa Committee
DATE:	February 8, 2023
MEMBERS PRESENT:	Charlie Wolf (Chairman); Steve Roth (Vice-Chairman); Jodi Borash; Teri Cox; Andrea Goldfarb; Robin Pearl; Myra Slepnoy; Freda Solomon; Ben Zeltner
MEMBERS ABSENT WITH NOTICE:	Susan Davis; Michael Mirotznik;
PARTICIPANTS:	Misty Stewart, Director of Lifestyle and Wellness
ISSUE DATE:	February 22, 2024

Chairman C. Wolf called meeting to order at 3:00 p.m.

1. **Welcome remarks from Charlie Wolf, Chairman**
    - C. Wolf thanked everyone for their time on the committee, and handed out thank you cards.

2. **Fitness Report**:
    A. M. Stewart gave an update on renovation plans:
        a. Cabana Bar & Grill opens Sunday, February 11th, along with Oasis whirlpool.
        b. Multi-purpose Room in the Pool house is finishing door work and is anticipated to be open for President's Day holiday period.
        c. Fire panel work is in progress, on the way to completion within the next couple of weeks so the Pilates Studio and Lifestyle Locker Rooms can be opened.
        d. Lifestyle Center Level 2 work is moving along, with the plan to open at the end of March.
    B. M. Stewart shared an update on facilities:
        a. Spa Men's Wet Facilities are now open.
    C. M. Stewart gave an update on upcoming programming:
        a. February Spa and Salon monthly specials were shared.
            i. Chocolate Indulgence treatments & Valentine's Day offerings in the Spa.
            ii. Salon scent of the month is Vanilla. Multiple promotions are available.
        b. Group Exercise classes are now up to 76 classes per week.
            i. Training is in progress for additional new classes
            ii. Yoga programming is being reviewed.
        c. Wrap-Up Trunk show in the Spa has been very successful.
        d. Lifestyle Lecture series continues through March.
        e. Eight Week Wellness Challenge continues and runs through March 11th.
        f. Sweethearts Stroll is on February 17th.
        g. Full Moon Yoga is on Feb 23rd and 24th, & Full Moon Sound Bath on Feb 25th.
    D. M. Stewart shared that preparations are well underway for President's holiday period.

3. **General Commentary:**
    A. F. Solomon brought up a need for additional support at the T-shirt stand for the Sweethearts Stroll.
        - M Stewart made note to have additional support.
    B. R. Pearl thanked us for adjusting the lights in the fitness center, and shared that they are much better.
        - M Stewart thanked her for acknowledging.
    C. Multiple committee members shared that cell phone usage is better in the fitness center, but needs to be addressed in the salon.
        - M Stewart said that we would address.

D. A request was made for members to be offered beverages in the salon (without needing to ask for them).

- M Stewart said she would look into this.

E. Inquiries were made about the Spa Courtyard, with a request for “Coming Soon” signage.

- M Stewart shared that we would work on this.

F. M. Stewart thanked everyone for their time on the committee.

Meeting was adjourned at 4:00 p.m.