THE Fitness Center

Fitness Center Dress Code

To ensure a comfortable and safe workout environment for everyone, proper fitness attire is required at all times in the facility. Please follow these guidelines when selecting your workout clothing:

Acceptable Attire:

- Workout shorts, sweatpants, or yoga pants
- T-shirts, tank tops, or sweatshirts
- Tasteful athletic wear designed for exercise
- Rubber-soled athletic shoes with closed toes and closed heels

Unacceptable Attire:

- Bathing suits
- Shirts with inappropriate print
- Golf shoes (with or without cleats)
- Spinning shoes (with or without SPD clips)
- Torn or ripped clothing, including cutoff shorts
- Anything else deemed inappropriate by management

Adhering to this dress code helps promote a professional, safe, and hygienic environment for all members.
For further information or inquiries, please contact us at 488-6944.

Thank you for your cooperation!