BOCA WEST
LIFESTYLE & WELLNESS

Lifestyle & Wellness General Guidelines

Membership & Access:

•All members, lessees, and guests must present their membership card/QR code at all outlets (Fitness Center, Physical Therapy, Spa, Salon, Aquatic Entrance).
•Yellow card holders must activate their card to have access without a member present. Please contact the Membership department (via phone, email, or app) for activation.
•A member must check-in with their guests if the yellow card is not activated and must always be present with their guest.
•All non-offspring guests, Household or Day Guests, registered Nannies, will be subjected to a daily guest fee of $21.40 (with tax).
•Single members are permitted to bring ONE guest at no charge and remain with their guest for the entire visit.
•Service Animals registered with the Club are permitted – see Membership for details.

Cell Phone & Mobile Device Usage

With the exception of building lobbies, the use of cell phones (talking or listening), and other sound-producing electronic devices inside any of the Country Club's facilities is strictly prohibited. This includes the use of FaceTime, Zoom calls and videos with sound. Members, Lessees and their Relatives and Guests shall place their phones and other sound-producing electronic devices on mute/silent mode when inside any of the Club's facilities. If a Member needs to make or receive a phone call and/or use their devices, they must go outside or into a designated lobby area. Notwithstanding the foregoing, Members shall be permitted to listen to content (voicemails, music, podcasts, audio books, etc.) within Club facilities so long as such use is conducted by use of headphones and the content is not audible to other persons. Texting and emails are also permitted so long as the phone is silent.

Fitness Center Guidelines:

•Guests may not use the fitness center before 11am. Guests are permitted to join group classes if space allows (members have priority).
•Please familiarize yourself with the general guidelines posted outside each studio.
•Children aged 12-15 may use the fitness center after 11am, after completing a Fitness Orientation. Children under 16 must be accompanied by an adult (18+).
•As a courtesy to other patrons, we kindly ask you to please wipe down this piece of equipment once you have completed your workout.
•Proper attire is required in the Fitness Center. See the Live Well Bulletin Board for more details.

Locker Room Facilities:

•Children under 18 are not permitted in the whirlpool, steam room, or sauna.
•Children aged 3-16 must be accompanied by an adult of the same gender in the locker areas.
•Family showers/restrooms are available at the Pool House.

Aquatics:

•Lounge chairs may not be reserved during peak hours.
•The Oasis pool and surrounding deck are for patrons 18+ only.
•Children under 3 or in diapers may only use the kiddy pool and splash pad.
•For lap swimming, sharing lanes is encouraged. If all lanes are occupied, please see the lifeguard to add your name to the waiting list. A 30-minute time limit applies when all lanes are in use.
•Proper attire is required. Please see the Aquatics arrival area for more details.

Spa:

•The use of the Spa and Spa Garden are for those who have services booked on that day.
•Please arrive with enough time prior to your service to enjoy the facility and complete any intake forms required.