OCTOBER/NOVEMBER
at the Spa

CANCER CARE MASSAGE
80 MINUTES | $155

Experience deeply restorative comfort with our new specialized cancer care massage therapy. As a Cancer Aware Spa, our certified therapists meet you wherever you are in your health journey. We utilize specialized hand and foot rituals to soothe neuropathy, alongside advanced techniques designed to ease pain, boost immunity, improve sleep, and reduce treatment side effects. Discover a nurturing environment dedicated to lowering your stress and supporting your healing.



SKIN ESCAPE GENTLEMEN'S FACIAL
80 MINUTES | $155

Designed specifically for men's skin, with a focus on congestion, post-shave irritation, and hydration. Deep cleansing, exfoliation, steam, and extractions are followed by a restorative mask to leave skin clear, calm, and impeccably groomed.



CHOOSE ONE OF OUR 80 MINUTE SPORTS MASSAGES and receive a complimentary LED Red Light Therapy mat add-on
80 MINUTES | $155

ATHLETIC RECOVERY

Designed to relieve muscular tension and fatigue, this targeted massage uses specialized techniques to improve mobility, support circulation, and promote recovery. Ideal after exercise or whenever your muscles need focused attention, leaving you feeling looser, lighter, and ready to move.

COURT SPORT RECOVERY MASSAGE

Tailored for tennis and pickleball players, this session focuses on the forearms, shoulders, back, and hips. Utilizing deep tissue techniques and assisted stretching, it is designed to improve lateral movement, relieve repetitive swing strain and increase agility.

GOLFER'S RECOVERY MASSAGE

This treatment combines deep tissue techniques with assisted stretching to focus on the back, shoulders, hips, and chest. It is designed to ease rotational strain and correct postural compression from long days on the course.

THE Spa

Valid October 1-November 30, 2026. No substitutions. May not be combined with any other special or discount.
Monthly specials and purchase of series are non-refundable. #MM31281
For more information or to book an appointment, please stop by or call The Spa, 488-7880.